

Change – Mastering Change

Program Overview

In today's fast paced global economy, you are confronted with change at an unprecedented level. Whether it is new ownership or management at the corporate level or a new position, new location or new team at the personal level, you must be able to adapt in order to first survive and second succeed. This program will explore the elements of change in organizations – what it is, why it happens, and how it effects you and the organization. You will have the opportunity to review and practice strategies to deal with the personal elements of change in addition to facilitating change in an organization.

We are experts in how adults learn. In addition to traditional classroom teaching methods, our program is highly interactive. It includes videos to reinforce the classroom materials plus experiential learning exercises and discussions.

Program Length

Full or half day programs are available.

Program Objectives

This program will describe change cycles and or phases. This will help you understand the nature of change and how it affects you and your company. You will learn to identify responses to change and learn methods to personally deal with change. You will develop a strategy to cope with and ultimately embrace change.

Program Content

1. The changing nature of organizations
2. The phases and cycles of change
3. Your personal responsibilities associated with change
4. [Optional for leaders and managers – Leading through change](#)
5. Coping with change and taking control
6. Developing a personal action plan